

Pinawa Free Spirit Multisport
Pinawa, MB
August 26, 2018

Long Duathlon

5K Run-37K Bike-10K Run

Male Long Duathlon

Place	Note	Number	Name	Time	Run1	Bike	Run+bik	Run2
1		177	Rene Beaumont	2:18:31	20:27			
2		176	Darren Macdonald	2:22:08	21:58			
3		178	Scott Braun	2:25:34	25:04	1:07:20	1:32:24	53:11

=====

Pinawa Free Spirit Multisport
Pinawa, MB
August 26, 2018

Sprint Aquabike

750m Swim-20K Bike

Female Sprint Aquabike

Place	Note	Number	Name	Time	Swim	Bike
1		195	Margaret Pratt	1:33:37	23:57	1:09:41
2		124	Angie Wittman	1:46:28	19:58	1:26:30

Male Sprint Aquabike

Place	Note	Number	Name	Time	Swim	Bike
1		194	Ray Kinaschuk	1:13:56	29:01	44:55

Olympic Aquabike

1500m Swim-37K Bike

Female Olympic Aquabike

Place	Note	Number	Name	Time	Swim	Bike
1		188	Cheryl Hill	2:13:54	39:57	1:33:58

Pinawa Free Spirit Multisport
Pinawa, MB
August 26, 2018

Olympic Distance Triathlon

1500m Swim-37K Bike-10K Run

Female 25 to 29 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		51	Heidi Brodland	2:36:35	29:27			

Female 30 to 34 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		55	Stephanie Dyck	2:48:49	32:39	1:20:18	1:52:57	55:52

Female 35 to 39 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		58	Paula Anderson	2:30:25	32:12	1:07:05	1:39:16	51:09
2		41	Maria Jauregui	2:37:47	33:38	1:09:41	1:43:19	54:28
3		57	Josee Adrian	3:13:22	35:46	1:36:43	2:12:29	1:00:54
4		44	Bridgette Depape	3:19:08	41:56			
5		56	Stephanie Collins	3:30:41	37:12	1:33:02	2:10:13	1:20:29

Female 40 to 44 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		49	Stacey Finch	2:39:06	33:37	1:13:39	1:47:16	51:50
2		46	Amanda Naismith	2:39:44	29:49	1:19:03	1:48:51	50:53
3		42	Andrea Richardson-Lipon	2:52:04	30:31	1:20:10	1:50:40	1:01:24
4		50	Karen Lind	2:52:40	36:43	1:21:07	1:57:50	54:51

Female 45 to 49 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		68	Ayn Wilson	2:42:45	31:28	1:13:17	1:44:45	58:01
2		66	Shannon Sawatzky	2:49:00	29:22			
3		59	Maria Quintas	2:50:31	30:20	1:15:43	1:46:03	1:04:29
4		60	Amy Anis	3:09:39	38:30	1:24:44	2:03:13	1:06:26

Female 50 to 54 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
-------	------	--------	------	------	------	------	---------	-----

1 48 Astrid De Bryn 3:14:27 34:10 1:24:08 1:58:18 1:16:10

Female 55 to 59 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		45	Lee Stewart	2:49:23	32:29	1:17:17	1:49:45	59:38
2		43	Jan Hawkins	2:51:46	32:44	1:20:29	1:53:13	58:34

Female 60 to 64 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		69	Edwina Keats	2:54:12	38:28	1:23:53	2:02:20	51:52

Male 20 to 24 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		74	Erik Kjeaar	2:49:10	36:24	1:17:41	1:54:05	55:06

Male 25 to 29 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		15	Ben Reiter	2:34:52	31:38	1:17:08	1:48:45	46:07
2		21	Wesley McKay	2:53:58	35:50	1:25:06	2:00:56	53:03

Male 30 to 34 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		70	Andrew Pickeral	2:03:33	20:52	1:01:03	1:21:54	41:40
2		2	Patrick Labossiere	2:23:44	29:51	1:04:36	1:34:26	49:18
3		26	Jeremy Legall	2:31:42	28:33	1:09:10	1:37:43	54:00
4		29	Brad Cownden	2:54:47	31:59	1:20:13	1:52:11	1:02:36

Male 35 to 39 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		37	Anthony Densmore	2:27:08	25:52	1:12:23	1:38:15	48:53
2		5	Jonathan Courchene	2:34:49	33:48	1:15:01	1:48:49	46:01
3		32	Philip Pawluk	2:36:06	29:00	1:17:24	1:46:24	49:43
4		17	Christopher Malapit	3:10:34	36:58	1:29:24	2:06:21	1:04:14

Male 40 to 44 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		31	Cameron Funk	2:25:40	28:57	1:07:39	1:36:35	49:05
2		4	Romel Marquez	2:26:11	32:03	1:05:03	1:37:05	49:06
3		40	Ryan McBride	2:37:41	27:28	1:13:56	1:41:24	56:17
4		18	Robert Manswell	2:46:42	26:58	1:14:46	1:41:43	1:04:59

5	30 Carmen Bonnici	2:48:43	29:06	1:17:14	1:46:20	1:02:24
6	16 Jared Campbell	2:52:56	31:18	1:14:59	1:46:17	1:06:40
7	12 Ver Eugenio	3:24:34	50:57	1:26:35	2:17:32	1:07:03

Male 45 to 49 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		24	Kevin Beechinor	2:18:42	24:40	1:04:43	1:29:22	49:21
2		65	Kelly Morris	2:30:40	26:27	1:15:08	1:41:35	49:05
3		20	Marc Baldwin	2:38:29	31:14	1:14:45	1:45:58	52:31
4		35	Kevin Wolk	2:44:14	38:39	1:14:25	1:53:03	51:12
5		10	Armand Siapno	2:59:41	37:12	1:17:29	1:54:41	1:05:01

Male 50 to 54 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		1	Marc Fournier	2:04:27	21:52	58:40	1:20:31	43:56
2		14	Daniel Bezte	2:19:41	24:46			
3		11	Philippe Chabot	2:22:12	24:26			
4		36	Marc Hache	2:27:58	24:46			
5		25	Kevin Read	2:28:06	26:35			
6		9	Paquito Brucal	2:46:31	34:48	1:19:39	1:54:26	52:06
7		19	Norbert Pacht	2:47:30	33:45	1:22:17	1:56:01	51:29

Male 55 to 59 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		22	Edward Willmot	2:35:30	32:03	1:10:11	1:42:14	53:17
2		67	Jim Wernham	2:42:17	31:52	1:12:37	1:44:28	57:49
3		39	David Fielder	2:49:07	35:26	1:16:02	1:51:27	57:41
4		23	Chris Kjeaar	3:09:33	32:12	1:25:23	1:57:34	1:12:00

Male 60 to 64 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		13	Gary Dyck	2:50:56	33:53	1:20:11	1:54:03	56:53
2		38	Victor Bargaen	3:38:03	43:22	1:44:02	2:27:24	1:10:39

Male 65 to 69 Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		6	Don Webb	2:49:50	33:46	1:15:11	1:48:57	1:00:54

Male 70 and Over Olympic

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		3	David Densmore	2:57:39	37:15	1:18:14	1:55:28	1:02:12

Pinawa Free Spirit Multisport
Pinawa, MB
August 26, 2018

Sprint Distance Triathlon

750m Swim-20K Bike-5K Run

Female 16 to 19 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		114	Rebecca Silk	1:32:26	15:41			
2		150	Tess Derksen	1:35:18	17:39			

Female 20 to 24 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		128	Nicole Robak	1:28:23	13:01			
2		123	Kaylee Wilson	1:29:10	15:54			
3		121	Emily Duncan	1:42:03	18:48	50:59	1:09:47	32:16
4		127	Jayda Brandt	1:53:13	16:32	1:03:20	1:19:52	33:22
5		116	Sarah McAvoy	2:01:14	15:01	1:06:52	1:21:53	39:22

Female 25 to 29 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		139	Shannon Hargreaves	1:30:28	17:33			
2		132	Erin Rafferty	1:32:29	16:29			

Female 30 to 34 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		129	Elizabeth Stoesz	1:29:03	17:38			
2		62	Lisa Gregory	1:29:56	17:52			
3		108	Julie Veenstra	1:40:08	17:43			
4		113	Richelle Friesen	1:44:54	20:04	50:08	1:10:12	34:42
5		118	Karin Love	1:45:10	19:35			
6		119	Kiersten Neufeld	1:48:34	22:48	50:30	1:13:18	35:17
7		103	Erica Hunstad	1:52:31	18:37	59:39	1:18:15	34:16
8		106	Cecil De Guzman	2:00:00	26:24	55:15	1:21:39	38:21

Female 35 to 39 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		136	Agnieszka Giguel	1:23:32	17:56			
2		142	Jen Onyski	1:29:01	14:01			

3	85 Ashely Bauch	1:40:59	1:09:24			
4	126 Jaclyn McLean	1:44:57	24:21	48:46	1:13:06	31:51

Female 40 to 44 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		115	Terri Wolfe	1:26:00	16:25			
2		63	Melanie Bernadsky	1:46:56	20:38	55:26	1:16:03	30:53
3		168	Cory Campbell	1:49:39	22:59	51:12	1:14:11	35:29
4		111	Eve Omar	1:56:13	26:31	56:05	1:22:36	33:38

Female 45 to 49 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		122	Debbie Kelly	1:37:10	22:47	43:06	1:05:53	31:18
2		104	Sandra Bains	1:39:16	18:29			
3		144	Nicole Dunn	1:45:58	17:56			
4		120	Sarah Furgale	1:54:10	17:03			

Female 50 to 54 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		134	Nancy Goodall	1:25:13	19:28			
2		130	Kathy Pragnell	1:33:39	18:51			
3		112	Sandi Goertzen	1:36:45	16:04			
4		138	Tracie McDonald	1:38:46	17:55			
5		148	Randi Hunter	1:46:11	21:37			
6		105	Barbara Balshaw-Dow	1:48:06	21:08	50:37	1:11:45	36:21
7		131	Shannon Kjeaar	2:10:38	36:38	53:02	1:29:39	40:59

Female 55 to 59 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		125	Deborah Brethauer	1:56:46	23:46	53:16	1:17:01	39:45
2		109	Gwen Smoluk	1:59:49	22:38	56:54	1:19:31	40:18

Female 60 to 64 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		133	Nicole Mercier	1:47:09	20:32	51:24	1:11:56	35:14

Male 16 to 19 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		94	Nic Bakker	1:39:40	16:42	51:34	1:08:15	31:25

Male 20 to 24 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		95 Brandon Grenier	1:49:32	27:30			

Male 30 to 34 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		89 Thomas Mitchell	1:13:32	16:36	35:14	51:49	21:44
2		73 Kevin Beauchamp	1:30:22	18:11	44:46	1:02:56	27:26

Male 35 to 39 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		146 Scott Kemp	1:14:37	51:55			
2		102 Adam Marcynuk	1:21:55	15:50	40:16	56:06	25:50
3		99 Ryan Awang	1:27:40	21:16	41:47	1:03:02	24:38
4		147 Nathan Friesen	1:28:26	20:45	42:14	1:02:59	25:28
5		149 Josh Veenstra	1:29:47	18:05	45:17	1:03:21	26:26
6		143 Brett Lamoureux	1:34:38	19:49	46:09	1:05:57	28:41
7		100 Denis Saquet	1:36:26	17:47	49:31	1:07:18	29:09
8		76 Grant Davidson	1:39:04	19:45			
9		96 Greg Solomon	1:41:04	19:56			
10		93 Roy Oliveira	1:51:48	29:51			

Male 40 to 44 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		101 Duane Poettcker	1:18:30	53:43			
2		79 Dale Nesbitt	1:18:44	15:14	38:14	53:28	25:16
3		145 Ryan Fenness	1:21:54	14:36	42:55	57:31	24:23
4		77 Ron Agatep	1:39:50	25:14			

Male 45 to 49 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		97 James Honiball	1:16:37	13:24	39:17	52:41	23:57
2		72 Grant McMillan	1:16:57	17:15	36:21	53:35	23:22
3		80 Kyle Blaquiere	1:32:12	20:14	46:13	1:06:27	25:45
4		98 Craig White	1:34:04	17:00	46:33	1:03:32	30:33
5		86 Jay Tabinga	1:42:25	21:26			

Male 50 to 54 Sprint

Place	Note	Number Name	Time	Swim	Bike	Sw+bike	Run
1		75 Jim Anis	1:17:15	18:08	36:13	54:20	22:56
2		141 Wayne Klassen	1:18:04	15:24	38:58	54:21	23:44
3		83 Max Popp	1:29:39	16:21	44:10	1:00:31	29:08
4		92 Tony Hoess	1:30:48	20:17	41:39	1:01:55	28:53
5		82 Ken Chartrand	1:35:01	19:16	43:44	1:02:59	32:02

6 64 Anthony Moreham 1:36:52 16:23

Male 55 to 59 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		84	John Murray	1:18:46	15:31	36:27	51:57	26:49
2		78	Brad Favel	1:34:34	18:06	48:04	1:06:09	28:25

Male 60 to 64 Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		88	Jim Sandor	1:23:32	14:36	41:58	56:33	26:59
2		81	Lyle Rance	1:37:51	17:21	45:50	1:03:11	34:41
3		90	Sam Neis	2:19:25	32:19	59:18	1:31:36	47:49

Male 70 and Over Sprint

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		91	Jim Anderson	1:53:57	25:02			

Olympic Triathlon Team Competition

1500m Swim-37K Bike-10K Run

Olympic Triathlon Team Competition

MIXED

Place	Note	Teamname	Time	Swim	Bike	Sw+bike	Run
1		Nicholberger	2:29:18	17:14	1:18:09	1:35:23	53:55
2		Team Bell	3:16:51	34:23	1:36:55	2:11:18	1:05:34

Sprint Triathlon Team Competition

750m Swim-20K Bike-5K Run

Sprint Triathlon Team Competition

MIXED

Place	Note	Teamname	Time	Swim	Bike	Sw+bike	Run
1		Ages And Stages	1:25:49	15:49	43:58	59:47	26:03

Pinawa Free Spirit Multisport
Pinawa, MB
August 26, 2018

Try-A Tri

200m Swim-4.5K Bike-2K Run

Female Try-A-Tri

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		161	Sydney Compton	21:16	2:45	14:39	17:23	3:53
2		167	Laurianne Pao	23:38	2:48	12:02	14:50	8:48
3		163	Debbie Barnes	24:09	2:40	10:55	13:34	10:36
4		162	Kim Wilson	27:18	3:09	13:06	16:14	11:05
5		164	Tima Faria	28:20	6:08	12:22	18:30	9:50
6		169	Christie Wood	28:43	3:32	15:26	18:58	9:45
7		166	Heather Woitowicz	29:11	3:50			
8		171	Connie Gopez	29:28	3:53	14:35	18:28	11:00
9		170	Grace Lozano	30:00	3:22	14:43	18:05	11:55
10		160	Bronwen Davies	30:05	2:47			
11		165	Christine Becker	30:08	3:03	15:35	18:38	11:31
12		172	Diane Kristjansson	32:43	4:02	17:06	21:08	11:36
13		159	Jo-Anne Yuskin	39:10	7:33	16:26	23:59	15:12
14		173	Pauline Tutkaluke	40:10	5:35	16:27	22:01	18:09

Male Try-A-Tri

Place	Note	Number	Name	Time	Swim	Bike	Sw+bike	Run
1		151	Joseph Gopez	21:19	6:01	11:26	17:26	3:53
2		152	Shannon Dueck	22:04	2:46	12:02	14:47	7:17
3		155	George Barnes	22:40	2:38	11:12	13:50	8:51
4		158	Kevin Bilan	25:12	3:18	11:08	14:26	10:46
5		157	Stewart Wiltshire	26:01	3:02			
6		153	Patrick Wu	34:05	9:24	14:08	23:31	10:34
7		156	Ken Silk	35:01	5:11	14:59	20:09	14:52
8		154	Dimitric Amoah	41:50	6:54	21:46	28:40	13:10